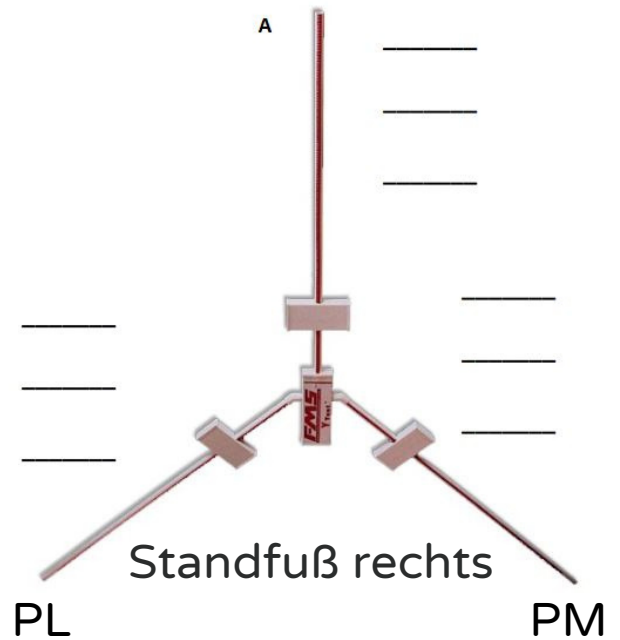
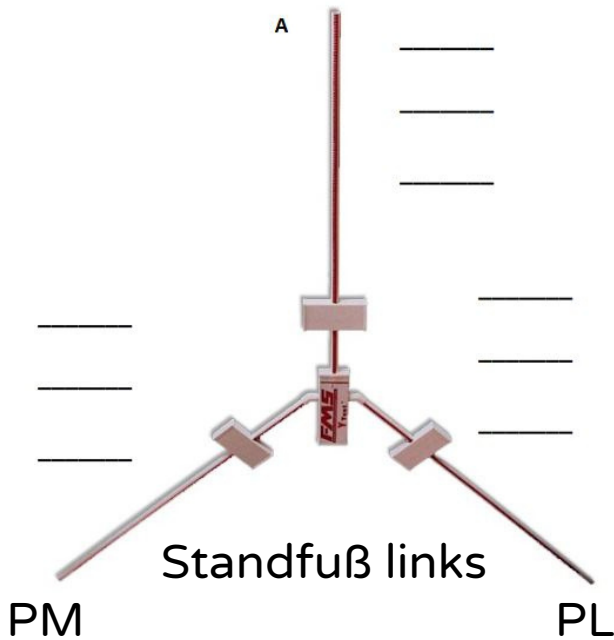


# Y-BALANCE-TEST SCORE SHEET



Unterkörper

Beinlänge (cm): \_\_\_\_\_



## MAXIMALE REICHWEITEN:

	Links (cm)	Rechts (cm)	Differenz (cm)
anterior			
postero-lateral (PL)			
postero-medial (PM)			
<b>Composite Score</b>			
<b>Rechts</b>			
<b>Links</b>			

Anterior + posterolateral + posteromedial

..... \* 100 = Composite Score

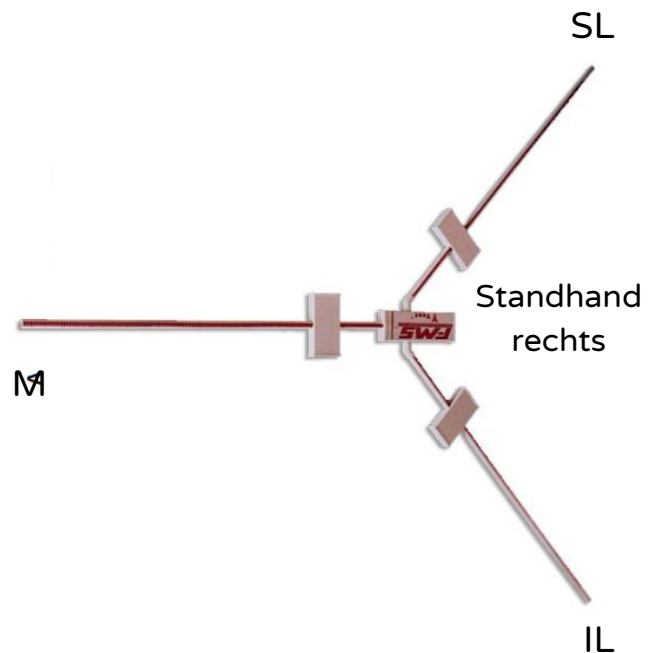
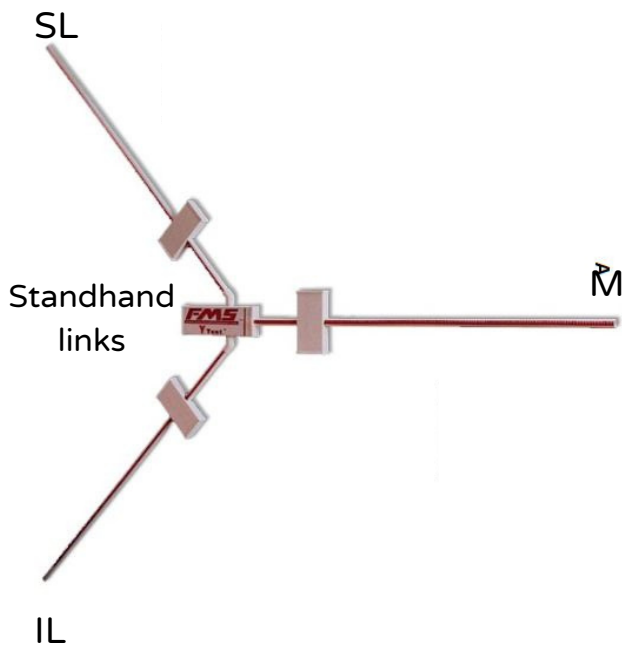
3 \* Beinlänge

# Y-BALANCE-TEST SCORE SHEET



Oberkörper

Armlänge (cm): \_\_\_\_\_



## MAXIMALE REICHWEITEN:

	Links (cm)	Rechts (cm)	Differenz (cm)
medial			
infero-lateral (IL)			
supero-lateral (SL)			

Composite Score	
Rechts	
Links	

medial + inferolateral + superolateral

----- \* 100 = Composite Score

3 \* Armlänge